**Name: Date of Birth:**

Injections for musculoskeletal conditions are generally safe but **NOT ENTIRELY WITHOUT RISK**

 Complications are **RARE** and mostly **NOT SERIOUS**

**VERY RARE but serious complications:**

 Infection

 Allergic reaction, anaphylaxis

**RARE complications with significant effect:**

 Soft tissue atrophy / de-pigmentation of the skin

 Nerve / vascular injury

 Tendon rupture

**OCCASIONAL complications that are a nuisance:**

 Bleeding / bruising

 ‘Steroid flare’

 Facial flushing, menstrual irregularity

 Blood sugar change

**Aftercare advice:**

 Advised not to drive unless fully fit to do so

 Relative rest for rest of the day, avoid strenuous exercise for a week

 Adverse outcomes / signs of infection (red painful swollen chills feverish): Call 111, our team, paramedics or your GP (Do not delay, seek same day advice)

 Previous allergic reactions / adverse responses to injection / Diabetes / Anticoagulants / Antibiotics / Epileptic

 Opportunity to ask **QUESTIONS** to clarify any information given

 Offered additional supporting written information e.g. ARC ‘steroid injections’ (paper copy or website)

**Procedure: Clinician:**

**I consent to the injection procedure as described to me by the clinician. I have understood the information detailed above have had an opportunity to ask questions and understand fully the reasons for the procedure.**

**Signed: Date:**