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| Special Questions: | Our Policy |
| Anticoagulants: | Blood thinners will increase the chance of bleeding with any injection. If patients are on Warfarin and their INR is stable and runs between 2.0 and 3.0 then the risk is small and considered by most as acceptable. We are happy to proceed to injection for these patients. If the patients INR runs outside this range, please contact us using the contact form on our website.  Newer blood thinners such as Apixaban, Rivaroxiban, Digoxiban etc. can be more challenging as their effects are not reversible. Please advise the patient to discuss with their GP about stopping the medication before the injection and restarting afterwards before referral for injection is made. Alternatively using the contact form on our website please state the reason why the patient is taking the drug (i.e. previous DVT/PE or Atrial fibrillation), and how long they have been using the medication and when the last event (if DVT/PE) occurred before making the referral. |
| Diabetic: | Steroid injections can cause blood sugar levels to fluctuate for up to 2 weeks. If patient’s diabetic levels are stable and well controlled the risk is small and considered by most as acceptable. We are happy to proceed to injection for these patients.  Unfortunately, we do not offer steroid injections to patients with poorly controlled diabetes. |
| Antibiotics: | Unfortunately, we do not offer steroid injections to patients with acute infections requiring antibiotics. We encourage patients to clear their infection and cease antibiotics before proceeding to injection.  Some chronic conditions such as skin rashes are sometimes treated with antibiotic cover. This will not affect injections. Any questions please contact us using the contact form on our website. |

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| Medicine allergies: | Any medicine allergies should be disclosed. Please contact us to discuss before confirming potential injection with the patient |
| Pregnancy: | Unfortunately, we do not offer injections or other invasive procedures to pregnant patients |
| Previous bad or adverse reaction: | Patients sometimes report feeling strange, or having some localised skin changes, having facial flushing or having an increase in pain after an injection. If this has happened before the probability is it may happen again and a discussion with the patient as to whether this is acceptable or not should be had.  Unfortunately, we do not offer injections if any previous serious side effects to injection including anaphylaxis or any reaction where medical attention or hospitalisation has been previously  Required. |